



Back-to-School Checklist for Parents

- Schedule a wellness visit that includes a physical exam
- Schedule appointments for required vaccine and booster shots
- Refill medications your child might need in case of emergency
- Gather necessary paperwork to notify your child's school of any food allergies
- Get your child on a consistent bedtime routine
- Stock up on school supplies
- Plan healthy school lunches
- Count on Florida KidCare** for high-quality, affordable health and dental coverage